

# Summer Spirituality Calendar

Encourage your child to follow this calendar each day throughout the months of Summer



**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

Say a prayer and thank God for your family and all the blessings God has given you.	Is there a "junk draw" in your house? Ask permission to clean it out.	God is in all creation. Look out the window for five minutes. Where do you see God today ?	Breathe in and blow out quickly. Wind, breeze, and breathe all require air. What else is silent yet so important?	Open the silverware drawer. Which piece seems most important ? Why do you think the different utensils were invented?	The Old Testament says, if your enemies are hungry, give them food to eat. What does this mean to you?	Caring for each other in a family is important. Think of one way to care for each member of your family & do it today.
Tell each of your family members that you love them.	Grandparents are special family members. Write a note to a grandparent.	All religions have rules to live by. If you combined all of the rules, what would be the most important one ?	Cleaning our glasses help us see better. Do you know anyone who needs to have their glasses cleaned?	The door of your house welcomes many people. Get a wet rag and clean the doorway. Remember all the hugs that happen as we enter through the door.	Do a chore to earn some change and bring it to church to donate at mass this weekend.	Take a walk outside when the evening comes and the moon appears. Observe the moon and see what you can learn.
Pray for peace in the world and among all people.	Make "Be Happy" cards to give family and neighbors. Giving to others makes you happy, too.	Take any ball and bounce it. Did it bounce back to you? Just like the ball, faith bounces back to you after hard times.	Umbrellas help us stay safe in rainy weather. How does Christ help us stay safe?	We light candles in Baptism, on Birthday cakes and in Advent. Why are burning candles so important to faith?	Get permission to clean a closet. Make a pile of things you no longer use and recycle or give them away.	The sun was a mystery to early humans. Think what it was like to see the sun disappear each day. What do you know about the sun?
Pray for children in the world who do not get to go to school.	As the seasons change, are there differences in the world around you? Watch for these differences.	Do a random act of kindness for someone in your family today.	Pray for schools. Pray for your teachers and for your education.	Some people have much less than you. Sacrifice a special treat or activity today and think & pray for those less fortunate.	Think of someone who has hurt you and say a prayer to God for them.	Every day has new adventures. Thank God for the world and for a new day.

